

The Rocky Mountain Fitness Festival,
 OCB "All Natural" Bodybuilding
 & the IFSB Ms. Fitness Rocky Mountain
 Saturday November 18th, 2006



Red & Jerry's Event Center (Denver)

10:00am morning competition

5:30pm Doors open

6:30pm Evening Show & Award Ceremony

Registration Form

How did you hear about this Fitness Event? _____

Your Name: _____ E-mail: _____

Street Address: _____ Unit/Apt # _____

City: _____ State: _____ Postal/Zip Code # _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Age _____

Division(s) Entering:

___ **2006 Ms. Fitness** (___ Pro ___ Amateur)
*(Top 3 will qualify for Ms. Fitness USA if there are 3-10
 contestants, top 5 qualify with 11-20 contestants)*

___ **Fitness Routine Only Division**

___ **2006 Ms. Physique**

___ **OCB "All Natural" Bodybuilding**
 Male ___ Female ___ Age ___ Weight ___

___ **Master's Division (Ages 30, 40 & 50 Plus)**
Physique ___ Fitness ___ Bodybuilding ___
*(Additional age categories added if there are more than
 10 competitors)*

___ **Strength & Fitness Skills Division**
(men, women, teens)

- Bench Press 60% of your weight
- Pushups (30 second time limit)
- Box Jumps (1 minute time limit)

Division(s) Entering:

___ **Donna Baldwin Fitness Model Search**

Male ___ Female ___

- * Featured in "Fit For Life" Fitness Calendar
- * Contract & portfolio package awarded

___ **Body Transformation Challenge**

(Must fill out additional entry form to register)
 *Winners will be announced at the Nov. 18th Finals!

___ **Junior's Fitness Division (Ages 5-18)**

*there is no physique round for kids, speech optional
 ___ Ages 5-7 ___ Ages 8 -12 ___ Ages 13-18
*(Additional age categories added if there are more than 5
 competitors per category)*

___ **Dance/ Hip-Hop / Jazz**

___ "Prepared Routines"

___ Solo ___ Group ___

___ **Team Trophy**

___ **Top Gym/ Health Club Award**

Entry Fees

IMPORTANT NOTICE! All Registration Forms & Fees NOT RECEIVED on or postmarked on or before **Friday, October 27th** WILL BE CHARGED an additional \$20.00 late fee per division!!! DAY OF EVENT Registration fee will be \$70 instead of \$50.

(Bodybuilding, teen, juniors and model search fee is less expensive, See below!) You may e-mail this form to management@fitforlifeproductions.com and use a VISA/MC to pay entry fee(s)- \$2.00 fee for credit card. **NO REFUNDS. NO EXCEPTIONS.**

PLEASE SEND ENTRIES WITH CHECK OR MONEY ORDER TO ADDRESS ON 2ND PAGE. Ms Fitness, Masters

Fitness & Physique, Fee: \$50, Bodybuilding & Junior Competition Fee: \$40

Donna Baldwin Talent & Fitness Calendar Model Search \$40/ \$25, Strength & Fitness Skills Division \$25

Prepared Dance, Hip-Hop, Jazz Competition Fee: \$35 per participant or \$50 for group, Body Transformation Challenges (Free)

FIT FOR LIFE membership fee \$50 (good for 1 year through 12-07) includes FREE competitor profile on FitForLifeProductions.com.

A Team Trophy will be awarded to the highest scoring team. (\$20 fee per team is required.)

Top Gym/Health Club Team Trophy (\$20 fee per gym entered is required)

* points will be given for the Body Transformation placings as well.

Checklist (Include the following when submitting your entry form)

\$ _____ *Entry Fee for Individual Competition (see below for amount)

_____ Entry Fee(s) for Additional Categories (\$10 less original entry fee)

_____ \$20 Late Fee (after 10/27/06)

_____ \$60 Body Air Brush Tanning for competition plus muscle contouring

_____ \$35 for VIP Table seating, Front Section, with complimentary Hor'deuvres & appetizers

_____ \$20 for General Admission seating, all reserved seating)

_____ Trainer Ticket (\$30 for morning and Gem Adm. evening show)

_____ Separate pricing for Morning competition Ticket

Advance Tickets (Best seating is given as tickets are purchased!)

_____ \$2.00 fee per ticket & entry fee if using credit card

\$ _____ Total payment to send

METHOD OF PAYMENT (Circle One)

CASH (Do not mail) or CASHIER'S CHECK/MONEY ORDER (written to "Fit For Life")

PERSONAL CHECK (if out of state check, this must be received 2 weeks prior to event)

MASTER CARD/ VISA# _____ Expiration: _____

Name on Card: _____

Authorized Signature: _____

Write Checks to "Fit For Life"

Rules & Regulations

1. Complete and turn in the contestant entry form to "Fit For Life" Productions or BODY Statement along with your entry fee(s) by money order, check or credit card (extra \$2.00 fee for credit card) Pick up your competitor packet to help you get started!
2. **Each participant assumes all risk of injury, harm or loss of any kind arising from participation in the "Fit For Life Fitness Festival.**
3. ***CONSULT WITH YOUR PHYSICIAN BEFORE COMMENCING ANY NEW EXERCISE, NUTRITION OR SUPPLEMENTATION PROGRAM.*** If you are not experienced or familiar with weight training, or if you are changing your training program, please consult with a qualified trainer.

Waiver

By entering, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, "Fit For Life" Productions, BODY Statement, Wally Boyko Productions, Inc., OCB, the promoters, and any sponsors, agents, or representatives for any risk, loss, injury, damage, or harm that may result from participating and/or attending this contest. I hereby grant the promoters, "Fit For Life" Productions, BODY Statement, any approved magazine, video or entertainment organization and all of their agents successors, licensees and assignees, the right to photograph or otherwise reproduce (whether by film tape, still photography, or otherwise) my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing, or any other medium now known or hereafter devised, including audio with respect o any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I, _____, acknowledge that I have read the Rules and Regulations above and agree to be bound by these Rules and Regulations above for the "Fit For Life" Mile High Fitness Extravaganza.

Signed _____ Date _____

Signature of Parent/Guardian if under age 18: _____ Date _____

(Money order & checks need to be written to "Fit For Life")

Contacts:

E-mail address: management@fitforlifeproductions.com or MsFitnessColorado@msfitness.com

You may also visit FitForLifeProductions.com for more detailed information on this

For more information, contact:

- Contact "Fit For Life" Productions 720-946-1220 or Tiffany Yee at 303.803-2322.