



The Mile High Fitness Extravaganza And the IFSB Ms Fitness Colorado, Physique & Model Search Extravaganza Saturday July 24th, 2010



Denver (Red & Jerry's Octane Event Room)
www.Fitforlifeproductions.com /forms2.html

7:30am morning competition
12 noon – Doors open & Appetizers served for VIP
1 pm Show & Award Ceremony

Registration Form

How did you hear about this Fitness Event? _____

Your Name: _____ E-mail: _____

Street Address: _____ Unit/Apt # _____

City: _____ State: _____ Postal/Zip Code # _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Age _____ Height _____

Division(s) Entering:

___ **Ms. Fitness** – 3 rounds (WINNER awarded 4 day stay at Grand Sierra Resort for Ms Fitness USA)
(Top 3 will qualify for Ms. Fitness USA if there are 3-10 contestants, top 5 qualify with 11-20 contestants)

___ **Ms. Fitness Novice** – 3 rounds
(1st Place may be invited to Nationals.)

___ **Ms. Physique** -2 rounds
Age _____ Weight _____

___ **Mr. Physique** -1 round: quarter turns
(Posing routine optional)
Age _____ Weight _____

___ **Men's Fitness Open/ Novice** – 2 rounds

___ **Master's Division (Ages 30, 35, 40 & 50 Plus)**
Physique _____ **Fitness** _____ **Bodybuilding** _____
(Additional age categories added if there are more than 10 competitors)

Division(s) Entering:

___ **"So U Think You Can Dance" Division**
Age _____ Male _____ Female _____
Style of Dance _____ Group _____

___ **Fitness Model Search**
* Contract & portfolio package awarded
* Free photo shoot and calendar spread for 1st Place

___ **Body Transformation Challenge**
(Must fill out additional entry form to register)
*Winners will be announced at the show!

___ **Junior's Fitness Division (Ages 5-19)**
*there is no physique round for kids, speech optional
___ Ages 5-7 ___ Ages 8 -12 ___ Ages 13-19
___ Male ___ Female
(Additional age categories added if there are more than 5 competitors per category)

___ **Team Trophy**
___ **Top Gym/ Health Club/Trainer Award**

Entry Fees

IMPORTANT NOTICE! The registration deadline is 3 weeks prior to show day (Friday)! All Registration Forms & Fees NOT RECEIVED on or before that date WILL BE CHARGED an additional \$20.00 late fee per division (\$30 Late Fee is on Completion Day)!!! (You may e-mail this form to management@fitforlifeproductions.com and use Visa, Mastercard, Amex or Discover to pay entry fee(s). - \$2 fee for credit card.

Fitness, Masters, Physique & Dance Competition Fee: \$60, Junior Competition Fee: \$40
Calendar Fitness Model Search \$50, (discounted to \$25 if additional divisions entered),
Body Transformation Challenges (Free)
FIT FOR LIFE membership fee \$50 - complete separate Membership Form
(No membership fee is required for Junior divisions or Dance Division)

A Team Trophy will be awarded to the highest scoring team. (\$20 fee per team is required.)
Top Gym/Health Club Team Trophy (\$20 fee per gym entered is required)
*points will be given for the Body Transformation placing as well.

Checklist (Include the following when submitting your entry form)

- \$ \$50 Fit For Life Membership Fee – good for one year (fill out separate form)
 \$60 Entry Fee for Individual Competition – Fitness, Physique, Dance
 Entry Fee(s) for Additional Categories (\$50)
 Lincoln Talent, Donna Baldwin Talent, Calendar Model Search \$60/ \$25 if entering another Division
 \$20 Late Fee Per Division (must be received 3 weeks prior to show or Late fee applies)
 \$30 Late Fee if doing DAY OF EVENT Registration
 \$75 Body Air Brush Tanning for competition (Optional)
 Advanced Tickets (\$30 for Backstage Trainer ticket: Gen admission & morning competition ticket,
or for VIP Seating \$45)
Seats \$20x = , \$35 :15pm show VIP Table with complimentary food) \$35 x =
Morning Competition ticket \$10 x = . Trainer Ticket \$35 or \$45 (includes backstage pass)
 \$2 fee if using credit card
OR order Online @ FitForLifeProductions.com to avoid service charge
- \$ Total payment to send (NO REFUNDS for entry fees, membership fee or tickets)

METHOD OF PAYMENT (Circle One)

CASH (Do not mail) or CASHIER'S CHECK/MONEY ORDER (written to "Fit For Life")

PERSONAL CHECK (if out of state check, this must be received 2 weeks prior to event)

MASTER CARD/ VISA| AMEX# _____ Expiration: _____

Name on Card: _____

Authorized Signature: _____

Mailing address: Fit For Life (Write Check to "Fit For Life")
(checks/money orders) C/O: Fitness Show
609 E. Speer, #100
Denver, CO 80203

Rules & Regulations

1. Complete and turn in the contestant entry form to "Fit For Life" Productions or BODY Statement along with your entry fee(s) by money order, check or credit card (extra \$2 fee for credit card) Pick up your competitor packet to help you get started!
2. **Each participant assumes all risk of injury, harm or loss of any kind arising from participation in the "Fit For Life" Colorado State Fitness Festival.**
3. **CONSULT WITH YOUR PHYSICIAN BEFORE COMMENCING ANY NEW EXERCISE, NUTRITION OR SUPPLEMENTATION PROGRAM.** If you are not experienced or familiar with weight training, or if you are changing your training program, please consult with a qualified trainer.

Waiver

By entering, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, "Fit For Life" Productions, BODY Statement, Wally Boyko Productions, Inc., the promoters, and any sponsors, agents, or representatives for any risk, loss, injury, damage, or harm that may result from participating and/or attending this contest. I hereby grant the promoters, "Fit For Life" Productions, BODY Statement, any approved magazine, video or entertainment organization and all of their agents successors, licensees and assignees, the right to photograph or otherwise reproduce (whether by film tape, still photography, or otherwise) my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I, _____, acknowledge that I have read the Rules and Regulations above and agree to be bound by these Rules and Regulations above for the "Fit For Life" Mile High Fitness Extravaganza.

Signed _____ Date _____

Signature of Parent/Guardian if under age 18: _____ Date _____

(Money order & checks need to be written to "Fit For Life")

Contacts:

E-mail address: management@fitforlifeproductions.com

You may also visit FitForLifeProductions.com for more detailed information on this

For more information, contact: Brandon 720-252-3658