

stacy morsch, ncmpt, cyt

Stacy Morsch is a nationally certified massage therapist with a BA degree in Sports Medicine from Colorado State University. Stacy has owned and operated a successful massage therapy practice since 1997. Many years of dedicated experience has allowed her to learn and work with a variety of techniques, such as pregnancy massage, sports massage, accident and sports injuries, stress reduction and deep relaxation massage. Stacy is also a Level 1 Reiki Master, offering reiki as a treatment in itself or in combination with other massage modalities. The variety of expertise that Stacy has developed allows her to work with a wide range of people, each with their individual, unique needs. Stacy has also recently become a yoga alliance certified yoga instructor. Combining her many years experience and knowledge of the body, along with an intense yoga teacher training program, Stacy now teaches a number of yoga classes that are beneficial for therapeutic purposes as well as overall physical and emotional health. Stacy has practiced yoga for over 6 years, and immensely enjoys watching yoga positively transform people's lives as it brings them joy, peace, physical fitness, and overall mental, spiritual and physical health.



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Yoga Instructor
Business Owner

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